

From: Fetish Men San Diego noreply+feedproxy@google.com
Subject: FetishMenSanDiego - Reminder: Wed, 19 Feb, 7-9pm, "Meanings, Uses and Mis-uses of Pain" lecture with Dr. John McConnell
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Posted: 18 Feb 2020 10:05 AM PST

Gentle Reminder: "Meanings, Uses, and Mis-uses of Pain" lecture

Wednesday, 19 Feb, 7-9pm, upstairs at Pleasures & Treasures

Come hear a local voice with decades of experience and insight to kink, Leather, and BDSM speak about pain in our BDSM relationships.

"Meanings, Uses, and Mis-uses of Pain" lecture with Dr. John McConnell

**Wednesday, February 19, 7:00pm – 9:00pm
Pleasures and Treasures, 2525 University Ave, San Diego**

About this presentation

This 90-minute workshop will cover pain-play from the biological, evolutionary, and psychological perspectives. The meanings of pain in Western Culture has morphed over the centuries. In the late 20th century, the (then named) BDSM community fixated on the simple idea that the endorphin high explains why people enjoy pain-play. This focus came at the expense of exploring more complex emotional motivations related to the places pain-players go inside their heads. As pain play moves from gentle to intense, players move through complex emotional and mental states which gives their play deeper meaning. These meanings give a fuller understanding of motivations which are adaptive and healthy, leading to the conclusion that pain-play can be synergistic with deep loving relationships.

The last part of this talk looks at the shadow sides of physical and psychological pain, which is how they can erupt unwanted or be consciously abused in relationships. Most often psychological pain between partners is not intentional. What does pain mean, here, when it is neither wanted nor useful? When pain is mis-used then at least one of the partners feels worse about their self: they feel de-valued. This is the exact opposite of healthy erotic pain which leaves both partners feeling more valued by both self and other.



About our presenter

Dr. McConnell is a Psychologist, a Marriage and Family Therapist, and an Adjunct Professor at the Chicago School of Professional Psychology (PSY100673.) He has a private GSRD-affirming practice in Hillcrest. He supervises two Interns who provide therapy on a sliding fee. About half his clients are in complex relationships such as poly or D/s. He also provides individual counseling for clients dealing with such typical issues as depression, anxiety, life transitions, conflicts at work, and inner financial health. Licensed in 1987, for 30 years Dr. McConnell has given presentations to both professional and community audiences on Gender, Relationship and Sexual Diversity (GSRD).

www.JohnMcConnellPhd.com · John@JohnMcConnellPhd.com ·
619-993-3397

This is one of the months where the 3rd Wednesday and 4th Saturday are in the same week. Can you handle all the FMSD-goodness?

Things That Pinch "Learn It - Do It" workshop w/social, hot tub, and pool with Officer Wes

Saturday, February 22, 12:00 – 4:00pm
FMSD "Learn It - Do It" workshop/social/potluck/demo
RSVP to SignMeUpForEvent {at} GMail for venue info



About this workshop

Things That Pinch: clips, clamps, and other pinchers is a welcoming workshop for all to discuss ways to play with some common household items for a great time of sensual torment with your loved ones. We'll touch on the how's, where's, and with-what's you need to know to enjoy a good pinchy time by yourself or with a friend.

About our presenter

Officer Wes has been presenting on a variety of fun kink topics for over twenty eight years. Officer Wes has an open leather family built around shared values of respect, honor, trust, and love. He has a slave and dogs slave and is himself in service to a Daddy.

Resources and information at www.officerwes.com

San Diego Leather Community Awards

Saturday, February 29 6:00 – 10:30pm

**Urban MO's Bar & Grill 308 University Ave, San Diego, CA 92103,
USA**



To honor our fellow community members, businesses and organizations for the outstanding support they give to everyone regardless of orientation, ethnicity, or sexual identity.

FMSD's Perpetual Calendar of Events

Wondering what we have planned on a coming date? In addition to these e-mail blasts there is FMSD's Perpetual Calendar of Events located at

<https://fetishmensandiego.blogspot.com/2015/06/fmsds-perpetual-calendar-of-events.html>

You can also **subscribe to the FMSD calendar**, so that these events show up on the calendar of your your portable device or computer, and will update within seconds if changes are made on the calendar.

FetishMen San Diego Web site

www.FetishMenSanDiego.org

Local Event Pages on Facebook

- **FetishMen SanDiego Facebook page**
www.Facebook.com/groups/FetishMenSanDiego
- **For information from Mr. San Diego Leather 2019, Jody**
www.facebook.com/MrSanDiegoLeather2019/
- **For news from Mr. San Diego Eagle 2019, Myles**
www.facebook.com/MRSDEAGLE2019/
- **For upcoming events at the San Diego Eagle**
www.Facebook.com/groups/255559724621047
- **Leather boys of San Diego**
www.facebook.com/LeatherboysofSanDiego
- **San Diego Cigars & Boots (monthly, 1st Saturday, 4-7pm at Pecs)**
www.facebook.com/groups/sdcigarsandboots

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